



District A4 Lions Convention 2016

being held in the Cornwall area

is supporting the

Agape Centre - Food Bank & Soup Kitchen

serving the Cornwall area as a convention project.

Lions clubs and individuals are asked to consider bringing items for the food bank to a collection point at the convention. Cash donations will also be accepted.

Hunger affects thousands and reaches into our own neighborhoods. Hunger lives right next door to all of us.

There has never been a more important time to give as the Agapè Centre witnesses the greatest increase in usage since the 90's. Financial donations are just as important as food donations. We can purchase fresh food and make up for any shortfalls in donations to ensure people are getting the food that they need.

Items to consider for donation include:

Highly needed items:

Peanut Butter	Tuna
Salmon	Canned Vegetables
Cheese (Not processed)	Ground beef

Other donation items to consider:

Pasta (Whole grain)	Pasta Sauce (low sodium)	Canned Vegetables
Bread	Milk	Eggs
Canned tomatoes	Rice	Oatmeal
Canned chick peas	Canned lentils	Apples
Onions	Carrots	Celery
Potatoes	Unsweetened applesauce	Fruit cups (No sugar added)
Canned turkey/ham/chicken	Chicken or Vegetable broth (Low sodium)	Cooking Oil

Please check the 'best before' date for items being donated

